

Healthcare Flexible Spending Account Eligible Expenses

In this article you will learn:

- Eligible Healthcare Flexible Spending Account Expenses
- Some expenses may need additional documentation
- Ineligible HealthCare Flexible Spending Account Expenses

Eligible Healthcare Flexible Spending Account Expenses

There are 38,000 ways that participants can spend their Healthcare Flexible Spending Account (FSA) funds! Below are the most common eligible products and services under a Healthcare FSA. For a complete list of eligible expenses, [click here](#).

- Acne treatment
- Acupuncture
- Allergy & Sinus medication
- Antacids*
- Antibiotic ointment
- Anti-diarrheal
- Antifungal foot cream
- Anti-gas medication
- Anti-itch cream/gel
- Antiseptic
- Asthma treatment
- Bandages/gauze
- Birthing classes or Lamaze
- Blood pressure monitor
- Braces (knee, ankle, wrist)
- Breast pump
- Burn cream
- Chiropractic services
- Coinsurance
- Cold/hot pack
- Cold sore treatment
- Cold/cough medication
- Compression stockings
- Contacts & solutions
- Contraceptives

- Copays
- CPAP machine
- Crutches
- Deductibles
- Dental services
- Diabetic supplies
- Diaper rash ointment
- Digestive Aids
- Drug addiction treatment
- Ear wax removal kits
- Eye drops
- Feminine Care Products
- Fertility monitor
- Fertility treatment
- First Aid Kit
- Flu shots
- Genetic testing
- Hearing aids & supplies
- Hemorrhoid medication
- Hormone therapy
- Hospital fees
- Humidifiers
- Immunizations
- Incontinence supplies
- Individual counseling
- Insect bite treatment
- Lab work
- Lactation Consultant
- Lactose intolerance pills
- Laser eye surgery
- Laxative
- Lice treatment products
- Massage therapy
- Medical records
- Motion sickness relief
- Nasal strips
- Naturopathic visits
- Orthodontia
- Orthotic inserts
- OTC Medications
- Oxygen and equipment
- Pain relievers
- Parasitic treatment
- Personal Protective Equipment (PPE)

- Physical exams
- Physical therapy
- Pregnancy test
- Prenatal vitamins
- Prescription drugs
- Prescription glasses
- Reading glasses
- Respiratory Treatments
- Saline nasal spray
- Sleep Aids & Sedatives
- Sleep deprivation treatment
- Smoking cessation products
- Smoking cessation programs
- Speech therapy
- Sterilization procedures
- Stool softener
- Thermometer
- Throat lozenges
- Vision care
- Walker
- Wart treatment
- Wheelchair & repairs

Some expenses may need additional documentation

Certain medical expenses are not reimbursable unless a licensed health care practitioner states that the service or product is medically necessary. Navia will need a Letter of Medical Necessity (LMN) for these items to be reimbursed. The LMN is available [here](#). Please note that certain expenses may require additional documentation to be reimbursed.

- Automobile modifications
- Braille books
- Breast augmentation Breast reduction
- Cosmetic procedures
- Family therapy
- Home medical equipment
- Learning disability fees
- Lumbar support
- Mole removal
- Motorized scooter
- Nutritionist expenses
- Vitamins and supplements
- Weight loss programs

Ineligible HealthCare Flexible Spending Account Expenses

The following expenses are not eligible with a Healthcare FSA. Under no circumstances will the following items be reimbursed.

- Books
- Boutique practice fees
- COBRA premiums
- College insurance
- CPR classes
- Electrolysis/laser hair removal
- Face lift
- Finance charges
- Funeral expenses
- Gym membership
- Hair transplant
- Household help
- Hygiene products
- Illegal operations/substances Imported OTC items
- Imported prescriptions
- Insurance premiums
- Late fees
- Liposuction
- Marijuana
- Marriage counseling
- Massage chair
- Mattress
- Missed appointment fee
- Hair growth products
- Electric toothbrush/picks
- Teeth whitening
- Toiletries
- Veneers
- Warranties